

English Communication for **Nursing**

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Digital Sampler

How to Use This Book

English Communication for Nursing is an eight-unit book designed to equip nurses who wish to communicate effectively with English-speaking patients with an essential foundation of language. The book features helpful vocabulary and expressions, realistic patient-nurse dialogs that simulate hospital interactions, cultural tips, practice activities, and samples of important forms that patients may encounter in the hospital. The book exposes learners to the necessary vocabulary for nursing, without overwhelming. It integrates CEFR vocabulary with basic medical vocabulary to build dialogs that provide important practice opportunities.

Each unit focuses on a different aspect of medical care, including checking in to a hospital, surgery, medications, pain management, pediatrics, orthopedics, gastroenterology, and cardiology. An appendix provides additional language with dialogs between co-workers within the hospital setting.

English Communication for Nursing provides students with practical nursing vocabulary. It serves as a standalone resource or can be paired with online videos to enhance listening skills. This book empowers nurses to build confidence in speaking English with patients, facilitating the development of effective communication skills.

Warm-Up and Vocabulary

The unit starts with two thought-provoking questions to engage learners with the theme of the unit. Learners then preview the vocabulary for the unit.

Key Expressions

Learners study the key expressions of the unit and practice matching them with relevant responses or questions. This activity has learners start thinking about how this new language can be used.

Hospital Forms

Each unit features a sample form that patients and/or nurses might encounter during a hospital visit. These range from pre-surgery checklists to pain scales to medication information. Learners are invited to discuss their own experiences with using forms.

The image shows a page from the book titled 'Unit 1: General Medicine'. It features a 'Key Expressions' section with a matching exercise. The exercise consists of a list of expressions on the left and a list of responses on the right. The expressions include: 'I'm not feeling well.', 'Can you prescribe antibiotics for me?', 'Could I have my lab tests please?', 'Can you prescribe painkillers for me please?', 'Do you have any allergies?', 'What name do you prefer to be called?', 'Can you prescribe a sample of painkillers?', and 'Can you prescribe a sample of your program?'. The responses include: 'I'll prescribe you 1000 mg of Penicillin V.', 'I'll prescribe you 500 mg of Paracetamol.', 'I'll prescribe you 1000 mg of Paracetamol.', 'I'll prescribe you 1000 mg of Paracetamol.', 'I'll prescribe you 1000 mg of Paracetamol.', 'I'll prescribe you 1000 mg of Paracetamol.', 'I'll prescribe you 1000 mg of Paracetamol.', and 'I'll prescribe you 1000 mg of Paracetamol.'. There is also a 'Think About It' section with a question: 'Practice the conversation with a partner. Use the words or phrases in the box to answer the questions.' The words and phrases are: 'I'm not feeling well.', 'I'm not feeling well.', 'I'm not feeling well.', and 'I'm not feeling well.'.

The image shows a sample 'Admission Form' from the book. The form is titled 'Admission Form' and includes fields for: Last Name, First Name, Address, Phone Number, Email, Date of Birth, Gender, Marital Status, Insurance Number, Hospital Number, Emergency Contact Information, Last Name, First Name, Room Number, Bed Number, and Date of Admission. There are also checkboxes for 'Have you ever been admitted to hospital before?' and 'Have you ever been admitted to hospital within the last 7 days?'. The form is designed to be filled out by a patient or nurse.

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Warm-Up

- 1 What is the nurse in the picture doing?
- 2 What kind of person do you think makes a good nurse?

Vocabulary

Read the list of words. Pay attention to these words throughout the unit.

Words for forms

- full name
- first name
- last name
- date of birth
- fill it out
- cell phone number
- contact person
- email address

Paperwork

- travel insurance
- health insurance

Departments/Places

- cardiology
- orthopedics
- pediatrics
- gastroenterology
- restroom

Medical Concerns

- blood pressure
- infection
- allergies
- blood sugar (level)
- flu
- temperature

Equipment

- sample cup
- glucometer

Symptoms

- shortness of breath
- chest pain
- headache
- cough

Medicines

- supplement
- medication

Body Parts/Bodily Fluids

- finger
- urine (pee)

Other

- pinprick
- 37.5 (degrees) Celsius
- mood
- elevated
- reading glasses
- serious
- problem

Key Expressions

Read the list of expressions. Then match them to the appropriate statements or phrases by writing the correct number on the line. Use the dialogs on p. 8 and p. 10. to help you.

1. I'm not feeling well.
2. Can you please fill out this form for me?
3. Could I have your full name, please?
4. Can you spell your last name for me, please?
5. Can you tell me your date of birth?
6. Do you have a health insurance card?
7. Do you have any allergies?
8. What seems to be the problem today?
9. Can you please give me a sample of urine in this cup?
10. Can you describe some of your symptoms?



_____	a. It's March 15 th , 1982.	b. I have travel insurance. Is that OK?	_____
_____	c. I'm allergic to penicillin.	d. Sure. It's S - T - E - P - H - E - N - S - O - N.	_____
_____	e. I have a headache and a cough.	f. I've been very tired, and I seem very thirsty and pee a lot.	_____
_____	g. My first name is Peter, and my last name is Stephenson.	h. I'm sorry, but I forgot my reading glasses.	_____

Think About It

Practice the conversation with a partner. Use the words or phrases in the box or your own ideas.

- A** Do you have any allergies?
B I'm allergic to penicillin.

- nuts
- seafood
- aspirin
- eggs
- a few different antibiotics

Admission Form

Study the sample hospital form below.



Last Name		First Name	
Address	Street _____ City _____ State _____ Zip Code _____		
Phone Number		Email	
How would you prefer to be contacted?	<input type="checkbox"/> Phone	<input type="checkbox"/> Text	<input type="checkbox"/> Email
Date of Birth		Gender	
Employment		Marital Status	
Health Insurance		Insurance Number	
Procedure/Reason for Admission			
Emergency Contact Information			
Last Name		First Name	
Phone Number		Relationship to you	
Have you been admitted to this hospital before?		<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you been admitted to any hospital within the last 7 days?		<input type="checkbox"/> Yes	<input type="checkbox"/> No
Reason _____			
Previous Surgery/ Procedures	Procedure _____	Approx. Year _____	
	Procedure _____	Approx. Year _____	
	Procedure _____	Approx. Year _____	
	Procedure _____	Approx. Year _____	
Do you take supplements? (e.g. vitamins, fish oil) _____			
List all medications you are taking			
List all allergies			

Over to You

- 1 What does your hospital admission form look like?
- 2 What is the most useful section of the form to you?





VIDEO 1

A Hospital Visit

Read. Write the correct words in the blanks (1-8). Watch and check. (Not all words will be used.)

headache	reading glasses	allergies	flu	email address
full name	phone number	date of birth	travel insurance	health insurance card

Patient: Good afternoon. _____ I think I have the 1 _____.

Nurse: I understand. Have you visited this hospital before?

Patient: No. It is my first time.

Nurse: Can you please fill out this form for me?

Patient: I am sorry, but I forgot my 2 _____.

Nurse: No problem. Do you want me to fill it out for you?

Patient: Yes. Thank you.

Nurse: Could I have your 3 _____, please?

Patient: My first name is Peter and my last name is Stephenson.

Nurse: Can you spell your last name for me?

Patient: Sure. It is S-T-E-P-H-E-N-S-O-N.

Nurse: Thank you, Mr. Stephenson. Can you tell me your 4 _____?

Patient: March 15th, 1982.

Nurse: Thank you. _____

Patient: I am here from the United States for work. I have 5 _____ . Is that OK?

Nurse: That is fine. Can you show me your insurance information?

Patient: Yes. Here you go.

Nurse: Thank you. Do you have an address in Japan?

Patient: I'm staying at the Palace Hotel in Shibuya. This is the address.

Nurse: OK. Do you have a contact person here in Japan?

Patient: Not really. I can give you my wife's 6 _____ in the U.S.

Nurse: That is fine. Do you have a phone number in Japan?

Patient: My cell phone number is 617-555-0715.

Nurse: Do you have any 7 _____?

Patient: I'm allergic to penicillin.

Nurse: Alright, thank you. _____

Patient: I have a 8 _____ and a cough.

Nurse: OK. Could I please take your temperature?

Patient: Sure.

Nurse: OK. It's 37.5 degrees. Please take a seat over there. We'll call you in a few minutes.



Key Expressions

Write the correct key expressions in the script above. (Not all expressions will be used.)

- I am not feeling well.
- What seems to be the problem today?
- Do you have a health insurance card?
- Do you have any allergies?
- Can you spell your last name for me, please?

A Comprehension Questions

Read the questions and choose the best answers.

1. Why did the patient go to the hospital?
 - a. He wanted to get health insurance.
 - b. He thought he had the flu.
 - c. He wanted to work there.
 - d. He got sick from eating something.
2. Why was the patient in Japan?
 - a. Because he was visiting his girlfriend
 - b. Because he had to work
 - c. Because he wanted advanced medical treatment
 - d. Because he was looking for family members
3. Which information was not asked from the patient?
 - a. His health insurance card
 - b. His address and telephone number
 - c. His health condition
 - d. His family's details

📍 Cross-Cultural Tip

Many American patients are used to hearing their temperature in Fahrenheit.

37.5°C is around **99.5°F**



B Role Play

Ask and answer the questions with a partner.

1. It is Mr. Stephenson's first time to get treatment in your hospital. Ask him to fill out a form.
2. Ask for Mr. Stephenson's name and birthdate.
3. How would you ask Mr. Stephenson if he has health insurance?
4. Ask Mr. Stephenson if he has any allergies.
5. Ask Mr. Stephenson about the problems with his health.

C Vocabulary

Complete the sentences with words from the video above.

1. Susan has many food _____ including peanuts, shellfish, and strawberries.
2. Janice included her _____, but not her phone number on the form.
3. We need the email address and phone number for your _____ in case of an emergency.
4. If you catch a bad cold or the flu, you might _____ or sneeze a lot.
5. If you are visiting another country, you should get _____ in case you get sick.
6. Your _____ is over 40 degrees. We need to monitor you in case it rises further.



Read. Write the correct words in the blanks (1-10). Watch and check. (Not all words will be used.)

urine	blood sugar	infection	glucometer	temperature	symptoms
medications	mood	pinprick	chest pain	finger	restroom

Nurse: Hi, Mr. Smith. How are you today?
Patient: I have not been feeling well lately.
Nurse: _____
Patient: I've been very tired, and I seem very thirsty and pee a lot, and my 1 _____ smells different.
Nurse: I'll check your 2 _____ level by pricking your finger with a needle and checking your blood with the glucometer. Please give me your finger.
Patient: Will it hurt?
Nurse: It's a 3 _____, like when you stick yourself with a needle or pin.
Patient: OK, that's not bad.
Nurse: Have you been taking any 4 _____ or supplements recently?
Patient: Yes, I started taking a new supplement a few weeks ago.
Nurse: Can you tell me what it's called and what it's for?
Patient: It's called St. John's wort, and it's supposed to help with 5 _____.
Nurse: OK, thank you for letting me know. It's important to inform your doctor of any supplements or medications you're taking. I'm going to give you some medication to help with your 6 _____. Do you have any allergies to medications that I should be aware of?
Patient: No, I don't have any allergies.
Nurse: Have you been experiencing any shortness of breath or 7 _____?
Patient: No, not really.
Nurse: OK, good to know. Let me check your 8 _____ and blood pressure as well.
Patient: OK.
Nurse: Your temperature is a bit elevated, which could indicate an 9 _____. I'll let the doctor know.
Patient: Oh no, I hope it's nothing serious.
Nurse: We'll make sure to run some more tests. Is there anything else you're concerned about or would like to ask me?
Patient: No.
Nurse: _____
Patient: OK.
Nurse: The 10 _____ is down the hall on the left. Come back here after.



Key Expressions

Write the correct key expressions in the script above. (Not all expressions will be used.)

- Can you tell me your date of birth?
- Do you have any allergies?
- Can you describe some of your symptoms?
- Do you have a health insurance card?
- Can you please give me a sample of urine in this cup?

A Comprehension Questions

Read the questions and choose the best answers.

1. Which was not among the patient's symptoms?
 - a. Different urine smell
 - b. Feeling tired
 - c. Peeing a lot
 - d. Not wanting to eat anything
2. What will the nurse check for?
 - a. Blood pressure
 - b. Blood sugar level
 - c. Blood in the urine
 - d. Blood on the finger
3. Why was the patient asked to go to the restroom?
 - a. Because he needs to give a urine sample
 - b. Because he needs to pee
 - c. Because he was really sick
 - d. Because he smells different

B Role Play

Ask and answer the questions with a partner.

1. As a patient, how do you say that you're not feeling well?
2. How do you ask Mr. Smith to talk about his symptoms?
3. You want to check Mr. Smith's blood sugar. Ask for his finger.
4. Ask Mr. Smith if he has been taking medications or supplements.
5. How do you ask Mr. Smith for a urine sample?

C Vocabulary

Read and match the categories with the correct words.

- | | | |
|------------------------|---|--|
| 1. Medical equipment | • | • a. gauze bandages, medical tape, ointments |
| 2. Medications | • | • b. needles, syringes, stethoscope, glucometer |
| 3. Dressings | • | • c. orthopedics, pediatrics, gastroenterology, cardiology |
| 4. Medical departments | • | • d. pain relievers, antihistamines, antibiotics |

Label the pictures using words from above.



5. _____



6. _____



7. _____



8. _____

Unit Review

A Write the given words or phrases in the correct categories.

allergy	antibiotic	antihistamine	date of birth	cough	flu
stethoscope	first name	glucometer	headache	sample cup	
syringe	contact person	pain reliever	email address	penicillin	

Personal Information	Medical Equipment	Medical Conditions & Symptoms	Medications & Supplements
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

B Complete the sentences with the given words. Some words will NOT be used.

1. If your _____ is _____, this could be a sign of an _____. If it is higher than 40 degrees _____, it could be serious.

infection temperature orthopedics Celsius elevated

2. It's important to inform your doctor of any _____ (such as vitamins or St. John's wort) or _____ you are taking as these can make the _____ of some conditions worse.

symptoms mood supplements medications

3. Your son has the _____, which can become serious in young children, so he should be taken to see a doctor in _____.

pediatrics flu blood pressure orthopedics

4. High _____ and _____ are common symptoms of heart problems, which are the specialty of the _____ department.

cardiology blood pressure chest pains urine

C Review Checklist

Assess your progress in this unit. Check (✓) the statements which are true for you.

- I can inquire about a patient's symptoms.
- I can assist a patient in filling out an admission form.
- I can ask a patient to inform me of any allergies he or she has.
- I can request a patient to give me a urine sample.

D Critical Thinking

How can communication barriers, such as language or cultural differences, impact the effectiveness of medical treatment for international patients like Mr. Stephenson?

Glossary

Unit 1

allergies: an abnormally high sensitivity to something you eat, breathe, or touch
Because of my allergies, my mouth gets itchy when I eat foods containing nuts or strawberries.

blood pressure: the force at which blood flows from your heart around your body
High blood pressure can cause many health problems.

blood sugar (level): the (amount of) sugars such as glucose which are found in blood
Your blood sugar will be higher immediately after a meal.

cardiology: the area of medicine that deals with the heart and diseases of the heart
My sister is studying to become a doctor and hopes to specialize in cardiology.

cell phone number: a series of numbers that provide you access to a person's cell phone
My cell phone number is 345-243-9988.

chest pain: a feeling of discomfort in the upper front part of your body between your neck and your stomach
If you have chest pain, it is important to see a doctor immediately.

contact person: a person who should be called or emailed on behalf of another person in case of an emergency
I wrote down my mother's name and phone number for my contact person.

cough: the act of forcing air up through your throat with a sudden noise
I had a terrible cough when I had the flu.

date of birth: the day, month, and year on which you were born
His date of birth is January 6, 1998.

elevated: higher than normal
My doctor says that my blood pressure is dangerously elevated.

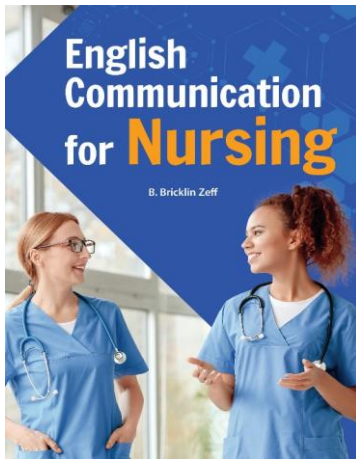
email address: a unique combination of letters and/or numbers used to send or receive messages through the internet
Please send this form to the following email address: gsmith13@happymail.com.

fill out: to add information such as your name or address in the empty spaces on a form
Please fill out this form before your first appointment.

finger: one of the long thin parts on the end of a hand
The man broke his middle finger.

first name: the name that comes before your family name in English
My sister's first name is Susan.

flu: influenza; a severe illness that causes a fever, tiredness, a runny nose, and a cough
He was in bed with the flu for a week.



EnglishCentral Online Video Lessons



Each Unit	Video 1 & 2 The first two videos are Video 1 & 2 from the textbook, and other related topic videos are also available for a total of 39 videos.
[Watching/Listening]	The videos reflect actual communication between patients and nurses in a hospital setting. The videos are designed to improve communication skills by incorporating elements of politeness and understanding of the other person into the dialogue and expressions. The videos can be subtitled in English or Japanese. Click on an unfamiliar word to hear its pronunciation, diacritical marks, part of speech, meaning in Japanese, and examples of usage. Playback can be slowed down. Stop function for each line of dialogue.
[Learning Vocabulary]	Vocabulary learning features such as vocabulary acquisition from video context, word lists, etc. Type or dictate to answer multiple choice questions.
[Speak & Read aloud]	Designed to take full advantage of EnglishCentral's unique learning features, including IntelliSpeech speech recognition technology. Provides immediate feedback when sentences are spoken.
[AI Chat / Talk about this video].	AI Chat: Type or dictate answers to video-based topics (you can replay your answers).
Learning Status	Check your learning progress and points earned.
各ユニット	Video 1 & 2 冒頭2つはテキストのVideo 1 & 2の動画、その他は「あいさつ」「名前とアルファベット」などのEnglish Communication for Nursingテキスト以外の素材に関連トピック動画が視聴可能、合計39レッスンが用意されています。
[見る・リスニング]	病院内での对患者および看護師同士の実際のコミュニケーションを反映した動画で構成。 礼儀正しさ、相手に対する理解の要素を対話や表現に組み込みコミュニケーションスキル向上を図る。 動画に英語・日本語訳の字幕表示選択可。 知らない単語をクリックすると音声で発音、発音記号、品詞、日本語の意味、使用例を表示。 速度を落とした再生可。 セリフごとに停止選択可。
[学ぶ・単語を学習]	動画文脈からの語彙習得、単語リストなどの単語学習機能。 タイプして書き取り、または四択で意味を回答。
[話す・セリフを音読]	IntelliSpeechの音声認識技術を含むEnglishCentral独自の学習機能をフルに活用して設計。 文章を発話すると即時のフィードバックを提供。
[AIチャット・この動画について語る]	AIチャット：動画に即したトピックについてタイプまたは発話で回答（自分の回答再生可）。
学習状況	今週・これまでの学習進捗状況、獲得ポイント確認可。